

Insight Activity:
Acting Out Active Compassion

Group Names _____

- Instructions:**
- 1. Select which type of active compassion your group would like to explore. If you select "Other," speak to your teacher about your idea.
 - 2. Plan out your scenario below by answering the questions below. Make sure every member of your group has a role to play.
 - 3. Act your scenario out for the class. Be prepared to help the class understand what was "behind" this active compassion, what helped the person showing active compassion be brave and strong enough to do what they did.

Active Compassion Scenario Subjects		
Saying No	Creating a Boundary	Standing Up for Someone
Standing Up for Something		Keeping Someone Safe
Other:		

What is the background or context leading up to the active compassion?

What is the compassionate act?

Describe your characters:

Character	Needs of this Character in this Scenario	Emotions and Beliefs of this Character in the Scenario