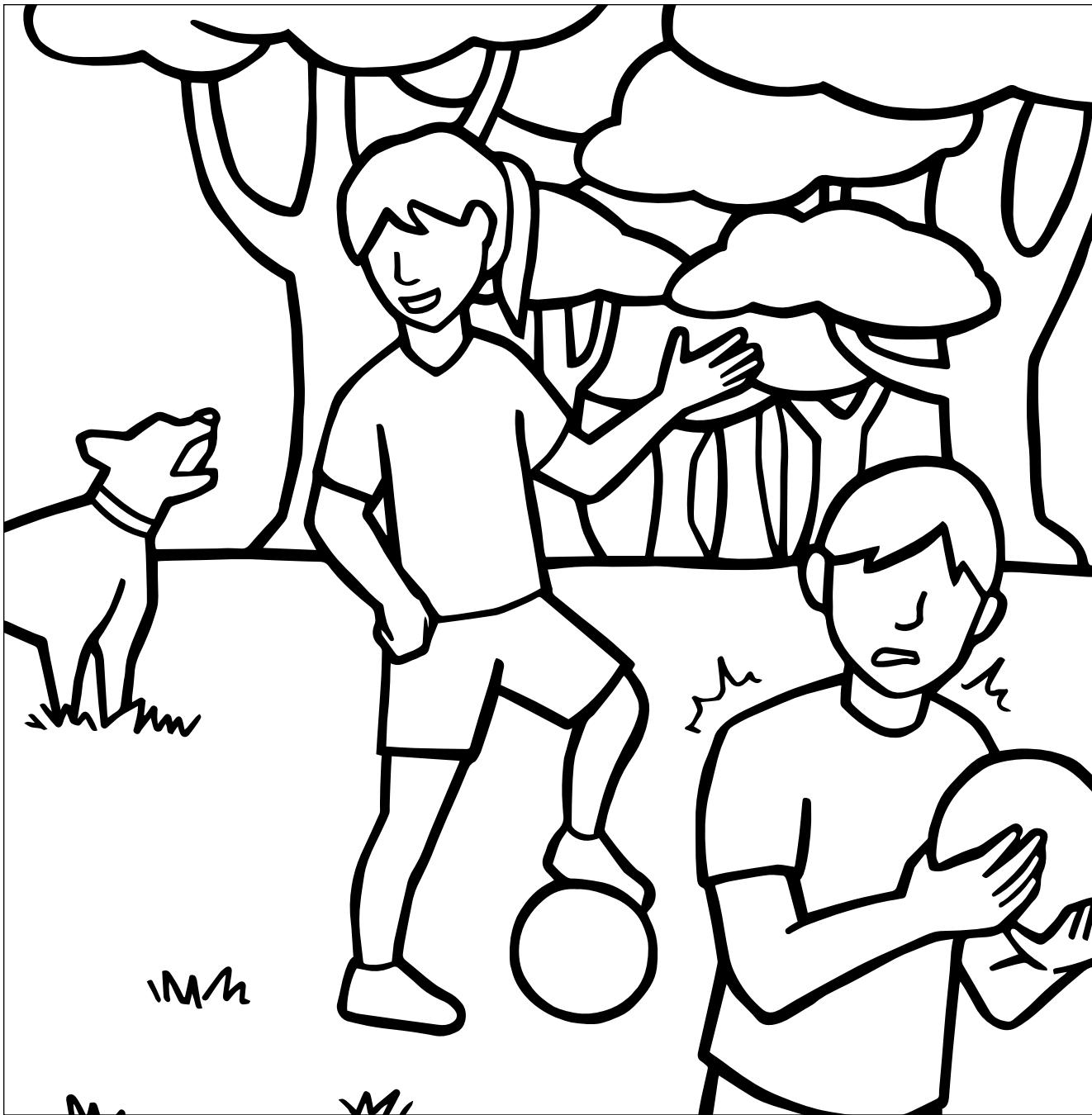


## Navigating Emotions



Albert and Alice are two children who go to the same school. One day when they are on the playground, they hear a dog barking. Alice has a dog at home whom she loves to play with very much. So when she hears the barking, her heart starts beating faster, thinking there may be a dog nearby for her to play with. But Albert was once bitten by a dog. When he hears the barking his heart also starts beating faster and his body goes stiff, thinking there might be a dog nearby.